

**Dear Parent(s)/Guardian(s):**

The Saint Catharine School Athletic Program offers an exemplary array of sports opportunities for our students. Every sport is organized to teach both outstanding athletic and life skills in a team-based Christian environment. All academically and physically qualified students are encouraged to participate and/or try out for our school teams.

**PLAYING SPORTS IS A PRIVILEGE, NOT A RIGHT.**

The enclosed packet, as well as the information detailed in the Athletics section on the school website, has been compiled to help you and your child understand the responsibilities of a student athlete at Saint Catharine School.

**Please complete and return the following enclosed forms for every Saint Catharine School child in your family regardless of whether they will be participating in a sport no later than May 3, 2019.**

**Please also review the following documents and Information sheets on the School website:**

- Athlete's Commitment Form – Signed**
- Parent/Guardian Permission to Play – Signed**
- Parent Code of Conduct – Signed**

**For children wishing to participate in a sport, the following additional requirements must be satisfied:**

- NOTARIZED Emergency Information Cards** – Three (3) per child. These cards are filled out and notarized only once. Cards will only be distributed to **NEW** students and for those whose information has changed.
- Annual submission of a **Preparticipation Health History Form, Supplemental History Form, and Clearance Form**, which can be downloaded and printed directly from the school website. This must be done before a student can tryout for the sport.
- Demonstration of a passing average in all academic and special subjects, with a minimum “S” in conduct.
- Online Registration** for the particular sport. With the exception of Cross Country and Track & Field, students may only register for **ONE (1)** sport per season.

### **SPORTS OPEN REGISTRATION SCHEDULE:**

- **FALL** (Cross Country, Soccer, Golf): **MAY 17-JUNE 2**  
**AUG 2-AUG 18**
- **WINTER** (Basketball, **SEPT 13 – SEPT 29**
- **SPRING** (Softball, Baseball, Tennis, Track) **JAN 17-FEB 3, 2020**

All elementary sports programs in the Diocese of Trenton come under the direction of the Athletic Director. The teams participate in the Parochial League of Monmouth and Ocean Counties, as well as the Public League of Monmouth County. The athletes participate in a variety of tournaments throughout the season in addition to regular league play. **A student must attend school for a period of four (4) hours to participate in a competitive event on the same day.** Certain exceptions will be made with advance notice. No student will be allowed to participate if an early dismissal is necessary due to illness or injury.

All participants in the Diocese of Trenton sports program must agree to act in accordance with the stated policies and objectives of the Diocese of Trenton's Office for Education.

These objectives include:

- The Athletic Program will provide students the opportunity to participate in all interscholastic and extracurricular sports activities offered by Saint Catharine School.
- The Athletic Program will ensure that all participants, including students, coaches, faculty, and parents, support the efforts of the Parochial League to reinforce Christian attitudes, good sportsmanship, school spirit, fairness, and a healthy sense of competition.

Last, payment of **Participation Fees** for all sports teams will be made through **PayPal** on our school website. Athletes selected to participate on teams that require tryouts will pay their uniform fees payable to **ST. CATHARINE'S ATHLETICS & SEND DIRECTLY IN THE PROVIDED ENVELOPE to Athletic Director, Mrs. Ellen Meixsell**

Should you have any questions, please do not hesitate to contact me. I look forward to another banner year for Saint Catharine School Athletics!

Sincerely,  
Ellen Meixsell

Saint Catharine School Athletic Director