

## St. Catharine School COVID-19 Symptom/Close Contact Guidance

**If you, your child, or any household member** has potential COVID-19 symptoms that have been identified by the NJ Department of Health or has had close contact/potential exposure to an individual with COVID-19, your child(ren) will not be able to attend school.

**Please contact SCS Nurse Kulaga at (732)-449-4424 extension 311 to report the absence as well as to receive further health consultation.** Each situation is different, requiring certain steps before a child may return to school. Nurse Kulaga will provide guidance regarding the necessary steps that must be taken before your child(ren) may return to school. When in doubt, keep your children home, call the school, and Nurse Kulaga will provide you with extra assistance.

**Pending on the symptoms reported, further steps may be required before your child's return to school, including but not limited to:**

- Doctor's note clearing your child's return to school
- Requiring one or multiple COVID tests
- Extensive time out of school
- Transitioning to our OLP (remote learning)

Column A Symptoms	Column B Symptoms
Congestion or runny nose	Fever (100.4 or greater)
Chills	Shortness of Breath
Rigors (shivers)	Difficulty Breathing
Myalgia (muscle aches)	New loss of smell
Headache	New loss of taste
Sore Throat	Cough
Fatigue	Diarrhea
	Vomiting or Nausea

**Students who are sick (e.g. fever, vomiting, diarrhea) should not attend school in-person.**

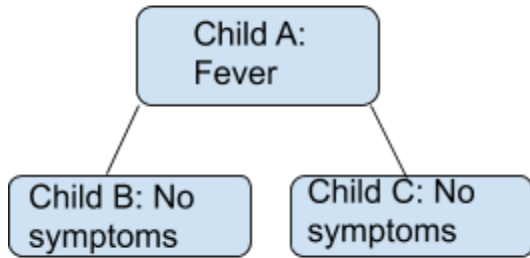
If **TWO OR MORE** of the fields in **Column A** are present or at least **ONE** symptom in **column B** is present, **your child and any other students within the household must stay home.** Please notify the school for further instructions.

### Close Contact/Potential Exposure Concerns

- You or your child has had close contact (within 6 feet of an infected person for at least 10 minutes) with a person with confirmed COVID-19
- Someone in your household is diagnosed with COVID-19
- Your child has traveled to an area of high community transmission (**please frequently check NJ Travel Restrictions** <https://covid19.nj.gov/faqs/nj-information/travel-and-transportation/which-states-are-on-the-travel-advisory-list-are-there-travel-restrictions-to-or-from-new-jersey> )

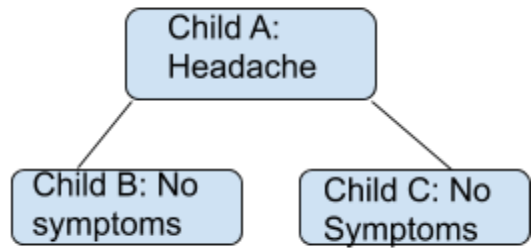
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Example A:



All children **MUST** stay home

Example B:



All children may come to school, **BUT** contact Nurse Kulaga